# Christopher Deery, LMT

Chris@Phoenixville-Massage.com

Nationally Board Certified in Therapeutic Massage & Bodywork 1997 Experience:

- 1995 1996 Beauty Works Salon, Sand Springs, OK
- 1996 Main Street Massage Clinic, Sapulpa OK
- 1996 Tri Med Physical Therapy Sand Springs, OK
- 1997 Nationally Certified in Therapeutic massage and Bodywork
- 1997 2005 Assistant Director, Massage Therapy Institute of Oklahoma
- 2009 2012 Private Practice, Rē, Tulsa, OK
- 1997 2012 Sports Massage Therapist, OSU Athletic Dept.
- 1997 2012 Sports Massage Therapist, University of Tulsa
- 1998 2008 Massage Therapist with the Oncology Rehabilitation Department, Cancer Treatment Centers of America Tulsa
- 2012 Present Private Practice, Phoenixville Massage & Bodywork

#### **Education:**

1995 Graduate of Massage Therapy Institute of Oklahoma 500 Hour Massage Therapist Training 250 Hour MTIO Instructor Training Program

### Continuing Education:

Sports Massage I & II - D'Jango Sanders, Corpus Christi Tx.

Geriatric Massage - Massage Therapy Institute of Oklahoma

Medical Massage: Massage for Parkinson's Patients, Massage Emphysema Patients, Massage for Stroke Survivors, Massage for the Mature Healthy Adult, Ice Therapy, Massage for Fibromyalgia & Chronic Pain

- Harold Packman, RMT of New York, NY

Introduction to Cranial Sacral Techniques - Mary Foster, NCTMB
Introduction to Traditional Oriental Medicine –Scott Wilhelm, DC, OMD

Jones Trigger Point Release/Strain/Counterstrain

-Phil Nokes DO, Oklahoma State University

Osteopathic Soft Tissue Manipulation Refinement

- Phil Nokes DO, Oklahoma State University

Trigger Point Sequencing - David Lemke RMT

Lymphatic Drainage Technique I,II,III, IV, and Advanced, Upledger Institute

Teaching Assistant LDT 1 & 2, Upledger Institute

Heart Centered Therapy I & II, International Alliance of Healthcare Educators

Teaching Assistant HCT 1, Upledger Institute

Massage for Emergency Response

- Doug Rasumssen, CMT - Emergency Response Massage Int'l

National Incident Management Systems Training / FEMA Certification

#### Conferences Attended 1995 - Present

#### AMTA Four- State Education Conference

Myoskeletal Alignment Techniques, Eric Dalton, PhD., Rolfer Ethics for Massage & Bodyworkers,
Current Legislative Issues in Oklahoma,
Function & Pathology of the Shoulder Girdle

# Body & Soul Conference, Austin, TX May 1999

Medicine in the 21st Century. Andrew Wiel, MD
Molecules of Emotion, Candace Pert, PhD
Love, Medicine & Miracles, Bernie Siegel, MD
Guided Imagery as Healing, Bernie Siegel, MD
Movement as Therapy and Religious Practice, Gabrielle Roth,
The Art of Compassion & Forgiveness, Joan Boryshenko, PhD

#### AMTA Four State Educational Conference 2000

Presenter/Instructor - Ethics and Gender Issues
Assistant Presenter - Function & Pathology of the Shoulder Girdle
Assistant Presenter - Function & Pathology of the Hip

Oklahoma Athletic Trainers Association Annual Meeting 2000 Presenter/Instructor – Acupressure for Athletes

AMTA National Convention 2000 – Introduction to Lymphatic Drainage – Dr. Bruno Chikly

Oklahoma Athletic Trainers Association Annual Meeting 2001 Instructor "Palpation Station"

Oklahoma Athletic Trainers Association Annual Meeting 2002 Instructor "The Facts of Friction"

University of Tulsa Sports Science Classes

- Presenter: Overview of Massage / Intro to Palpation

Tulsa Technology Center

Presenter : Overview of Massage as a Profession

AMTA Oklahoma State Chapter Meeting, 2005 – Edmond, OK Fundamentals of Hara Matrix Healing - Colette R.Martin, RMT

AMTA National Convention 2005 – Albuquerque, New Mexico
The Actual (complete) Billing Process – Vivian Madison-Mahoney
Overcoming Back Problems – Meir Schneider

# The Massage Therapy Foundation Research Conference 2005

Getting in to Print Painlessly: Writing for Academic and Peer Review Publication

Dr. Leon Chiatow

Evidence Based Massage Therapy – Edzard Ernst, M.D., Ph.D., FRCP

Body Therapy in Sexual Abuse Recovery: Massage Compared to Body Oriented Therapy - Cynthia Price, Ph.D., LMP

Comparative Effects of Postoperative Massage and Vibrational Therapy on Post Surgical

Outcomes: A Randomized, Controlled Trial - Audrey Snyder, RN, MS

Massage Therapy, and Examination of the Contextual Model

- Christopher Moyer, MA

Alternative Methods for Researching Complementary, Alternative and Integrative Medicine - James L. Oschman, Ph.D.

Massage and Subtle Energies Research: From Proposal Design and Development to Submission - Leslie Korn, Ph.D., and Anastasia Brecjnick, BSW, LMP

Evaluating a Distance Education and Regional On-Site Training Program on the Evidence Based Management of Low Back Pain - Marc White, Ph.D.

#### AMTA Oklahoma State Meeting 2006 – Tulsa, OK

Introduction to Ortho - Bionomy© - Ruth Ann Milstead, NCTMB

# AMTA National Convention 2006 – Atlanta, Georgia

Assessment Skills - Whiney Lowe, NCTMB

**Anatomy Trains – Tom Meyers** 

Massage during Chemotherapy – Tracy Walton

#### AMTA National Convention 2008-Phoenix, Arizona

Assessment & Treatment of Common Knee Injuries – Ben Benjamin, Ph.D.

Holistic Ethics: Applying Mindfulness & Somatics for a Sound Ethical Practice

-Suzanne Nixon, EdD, CMT, LPC, LMFT

Neurostructural Integration Technique – Ron Phelan, RMT, NST

Deep Tissue Massage with Meridian Awareness

- Randall Cummings

# AMTA Oklahoma State Meeting 2008, Moore, OK

An Introduction to the Rossiter Technique - Richard Rossiter

# AMTA National Convention 2009 – Orlando, Florida

Evaluation and Treatment of Nerve Injuries- Whitney Lowe, NCTMB

Myoskeletal Alignment of Scoliosis, Sciatic & Sacroiliac Pain – Erik Dalton, Ph.D.

#### AMTA National Convention 2010 – Minneapolis, Minnesota

Advances in Soft Tissue Therapy: Soft Tissue Release of the Cranial Base

- Paul St.John

Hand and Forearm Pain – Judith DeLany

Massage and Medications: When is Therapy Dangerous?

- Jeannette Vaupel, RN, BSN, LMT, NCTMB

Cancer and Massage Therapy: What Does the Research Say?

- Tracy Walton, LMT, MS

### AMTA National Convention 2011 – Portland, Oregon

Active Isolated Stretching of the Neck and Shoulder – Ben Benjamin, Ph.D. Orthopedic Massage for Pelvic Stabilization – James Waslaski Ramp Up Results With Active Techniques – Whitney Lowe Fascia – What Do We Know and What Do We Notice – Dr. Thomas Findley

Hold Memberships in: American Massage Therapy Association

Originally from Phoenixville, Pennsylvania, Christopher trained at Massage Therapy Institute of Oklahoma, and graduated in 1996. After working in several different practice setting such as salon/spa, a physical therapy clinic and a private massage office before returning to MTIO and undergoing further schooling, eventually completing his Instructor Training.

Christopher now maintains his private practice in Phoenixville, Pennsylvania with Phoenixville Massage and Bodywork. In his process of becoming such a successful therapist he has encountered a variety of issues regarding professional practices, full vs. part-time practice and gender issues of being a male therapist. Christopher instructed classes at Massage Therapy Institute of Oklahoma, and was the coordinator of the "Hired Hands" Sports Massage Team. As coordinator of the Sports Massage Team he maintained and increased the ongoing contract with Oklahoma State University, facilitated the program's growth to include; University of Tulsa, Union High School, and other sports programs throughout the region. He was also a member of the Sports Medicine Committee for Tulsa Technology Center, and contracted with Cancer Treatment Centers of America with the Oncology Rehabilitation Department.

References Available Upon Request